

PSW

# Monday Meeting

3<sup>rd</sup> November 2025

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## **Acknowledgement of Country**

We acknowledge the first inhabitants of this land who arrived on this island continent over 65,000 years ago.

We acknowledge that via The Dreaming and Songlines, our first Australians united 250 different Nations living in many different eco-systems.

We acknowledge that they shared this land and produced sustainable human agriculture for over 50,000 years.

Today we commit to current and future elders to integrate their sustainable practices. Together we can ensure the regeneration and beauty of this island continent for all future Australians.



# PSW... what are we here for?

PSW Mission Statement:

*Enabling communities to apply  
earth care, people care and fair share*



*through  
\*education,  
\*application  
\*advocacy.*

*We welcomed our members  
& visitors who were present.*



*Let's grow together!*

# What happened?

## Recorded Interview with Laura Oldanie



### Hot Spot

Narelle & Todd Fletcher gave a wonderful presentation about the changes and progress in their garden over the past 10 years!  
Lots of good info about wicking beds too 😊

Sonia reported on the very successful Soap Making event. Thanks Sonia and thank you Roberta F. 😊

Phil reported on the recent wicking bed event. Thank you Phil and Thank you Cecilia B. 😊

Seed saver Segment Michelle's thoughts and information regarding "Diversity in the garden" were very well received. Thank you Michelle S.

Re-assuring and thought-provoking **Good News** items presented by Greg M.

## 2 recent Living Skills Events

Soapmaking for  
beginners

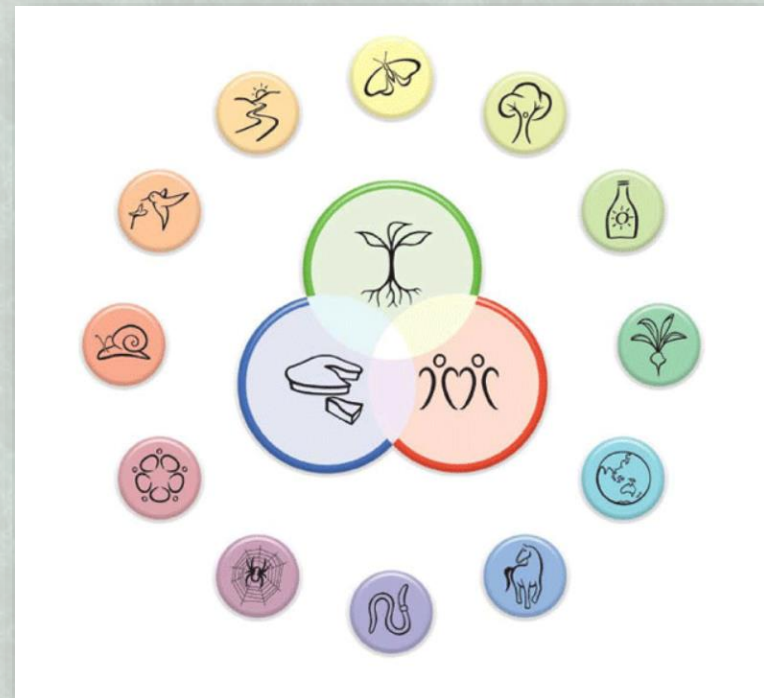


Wicking beds –  
everything you  
always wanted to  
know 😊

## Permaculture principles

At each meeting, we aim to incorporate or point out as many of the 12 principles as possible.

- How do we see them in action?
- Are we using them in our own gardens?
- Are we applying them in our daily lives and interactions?



## Blue Mountains Planetary Health Initiative

### Food Security Fair

18th of October 2025

Nev Sweeney gave his presentation  
on solar dehydrators -

[Blue Mountains Food Security Fair](#)



- The Blue Mountains Food Security Fair was an inaugural event held on **Saturday, October 18, 2025**, at the [Planetary Health Centre](#) in Katoomba.

It featured stalls, talks, and demonstrations on growing & preserving plant-based food, permaculture, and using native edibles.

This was a satellite event for **World Animal Day 2025** and focused on

- local food security,
- personal health
- reducing environmental impact.

# Workshops



GOOF 1 series completed.  
(Grow Our Own Food)



**8<sup>th</sup> November**

Parramatta River Clean up  
Silverwater boat ramp River Rd  
West Parramatta 8 am

## Penrith City Council Community events

### Habitat Restoration at Rickabys Creek:

Participate in a **weeding event** to help conserve the bushland. [Penrith City Council](#) will provide training, tools, and refreshments.

Participants should wear long sleeves, long pants, and closed shoes.

### Habitat Restoration – Planting at Gow Park:

An event focused on **planting native species** to restore habitat. [Penrith City Council](#) is hosting this event.

**[Bee Bonanza](#)**: An event hosted by [Penrith City Council](#) celebrating bees 8<sup>th</sup> November 10 am – 12 pm.

Grey Gums Reserve, in carpark – entry opposite 46 Greygums Rd.

Near the corner with Ariel Crescent, Cranebrook, Cranebrook NSW 2749





## Community Event

Annangrove Community Environment Centre  
 13<sup>th</sup> November – Picnic for Nature  
 Celebrate the natural beauty of The Hills at  
 the **Picnic for Nature!** Bring friends, snacks, and  
 your love for the outdoors.

**PICNIC FOR NATURE 2025**

**Hosted by:**  
 The Hills Shire Council, Cattai Hills  
 Environment Network and Hawkesbury  
 Nepean Landcare Network

**Thursday, 13<sup>th</sup> November, 12:00PM- 2:00PM**

**Community Environment Centre, Annangrove**

# Community Event

**Blacktown** City Council

Nursery Open day

**8<sup>th</sup> November**

Collect 2 free plants a year

Kent St Blacktown,

located in Blacktown Showground



Worm farming and composting

**22<sup>nd</sup> November:**

Learn how to set up your organic recycling system to turn food scraps and garden waste into a fantastic fertiliser and soil conditioner for your garden.

# Community



*Ambrose Hallen Park  
Bungaree Community Garden  
Saturday 1<sup>st</sup> November,*



20<sup>th</sup> Anniversary Open Day  
and we were invited!



Congratulations  
Bungaree  
community  
members!!



# Crop Swap produced a table of goods

1. Please bring your goods to the Crop Swap table before the meeting starts.
2. *After the formal part of the meeting, the Crop Swap table will re-open.*
3. You may now pick up your swapped item.



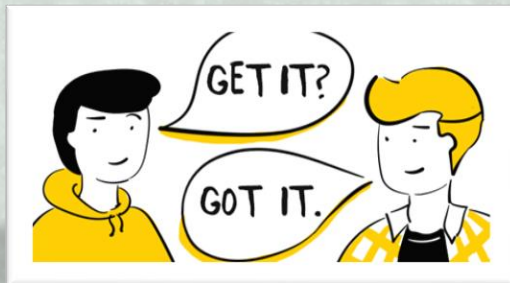
## PSW Library

Claude brought along a huge selection of books relevant to the theme of the evening.



# Recycle Table

Very popular recycling  
happening there!



# PSW Suppertime

Thank you for your  
generous contributions to  
the supper table. 😊



At our next meeting... we say goodbye to the 2025 executive committee members!



All current positions will be declared vacant,  
and it's time to vote in some new faces 😊

*Please consider playing a more active role in  
Permaculture Sydney West.*

## **VACANCIES**

President  
Vice President  
Secretary  
Speaker Seeker  
Garden blitz leader  
Librarian  
Media – newsletter





*Life Hack:*

**Allow yourself 8-12 hours  
of time in your garden  
every morning to  
prepare for the day.**