

Opening video: **The Life of the Forest – Fungi**  
<https://youtu.be/7IZ-Fek2kzE>

PSW

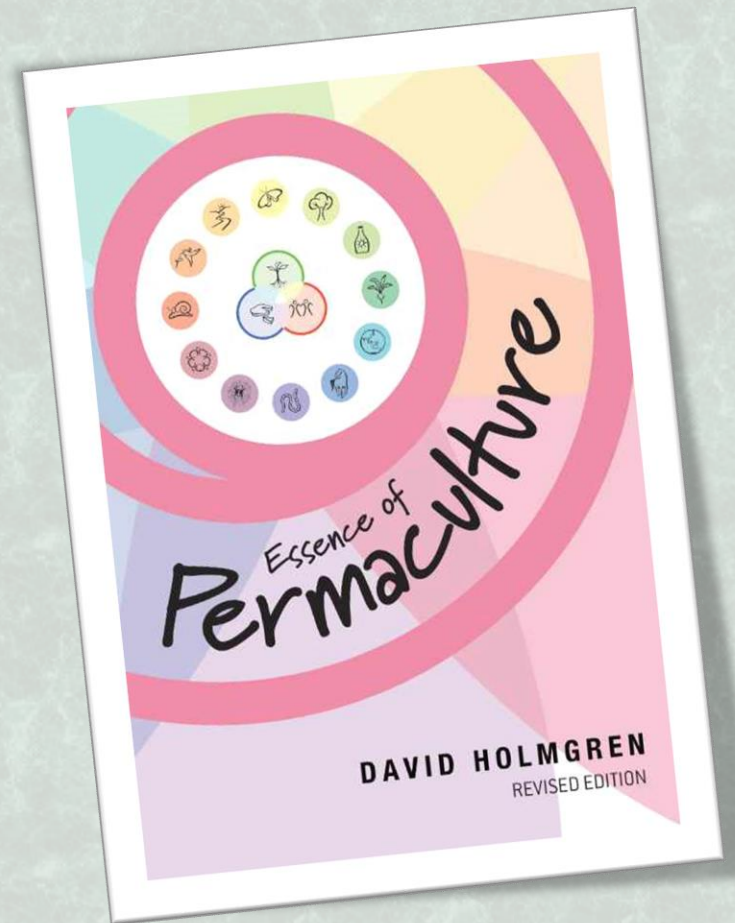
# Monday Meeting

2<sup>nd</sup> March 2026



*We welcomed our members  
& visitors present . . .*

*Especial welcome  
to our newest members*



*Please be sure to collect your free copy of "Essence of  
Permaculture"*

# Acknowledgement of Country



We acknowledged  
country and our First  
Nations people

We acknowledge the first inhabitants of this land who arrived on this island continent over 65,000 years ago.

We acknowledge that via The Dreaming and Songlines, our first Australians united 250 different Nations living in many different eco-systems.

We acknowledge that they shared this land and produced sustainable human agriculture for over 50,000 years.

Today we commit to current and future elders to integrate their sustainable practices. Together we can ensure the regeneration and beauty of this island continent for all future Australians.



# PSW... what are we here for?

PSW Mission Statement:

*Enabling communities to apply  
earth care, people care & fair share*

*through*

*\* education,*

*\* application*

*\* advocacy.*

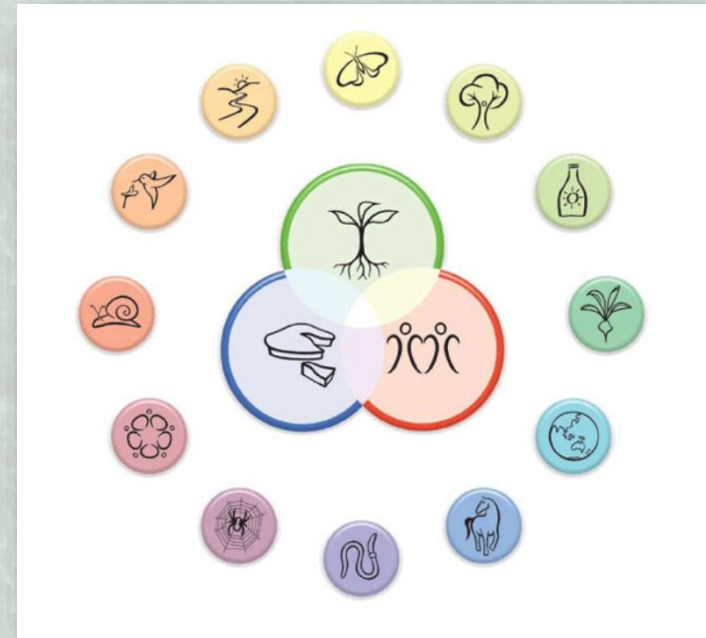


Which Permaculture principles are we addressing tonight?

At each meeting, we aim to incorporate or point out as many of the 12 principles as possible.

- How do we see them in action?
- Are we using them in our own gardens?
- Are we applying them in our daily lives and interactions?

*All of them!* 😊





# Month in Review

# What happened last night?

## Main event

### 3 variations on a theme

Brought to you by  
Michelle, Mark, Vera

1. Seeds to Germination
2. Taking care of seedlings
3. Microgreens – why eat them?

Great  
presentation  
using slides

No fancy tech!  
Just give you some  
facts myself 😊

Presented as a  
quiz game.

## Seed Saver Segment

- a) Early, mid or late season?  
What does this mean on  
seed packet and what should  
you do about it?
- b) Brassicas

Monica hosted a  
**Garden Design blitz event –**  
22<sup>nd</sup> February

Her request:

*“Help me come up with some ideas, improvements to prepare my property for the SEGT”*

(Sydney Edible Garden Trail)

**Help improve  
the world,  
one garden  
at a time!**



Sonia reported on the recent, very successful  
**Living Skills event** – 21<sup>st</sup> February presented by Nev Sweeney  
hosted by Sonia & Phil

Ollas  
Buried Pipe  
Dep pipe irrigation Tube  
Self watering containers  
Bottle & Wick  
Leaky tube & hose.



Join us for this Living Skills Event and discover a variety of effective garden irrigation strategies.

Amongst others learn about:

- 🌱 Ollas
- 🌱 Buried Pipe
- 🌱 Deep Pipe irrigation
- 🌱 Self-Watering Containers
- 🌱 Bottle & Wick
- 🌱 Leaky Tube or Hose

This will be a Theory, Demonstrative and Hands-on Workshop. A small cost may be involved. Address & Cost TBA

RSVP: Living Skills Co-ordinator,  
Sonia Barber  
Sonia.barber66@gmail.com

Something to share for afternoon tea is always welcome

We introduced a new idea

A brilliant  
idea!!

## What's new?

How would you like to be on our list of gardens that other PSW members could visit?

Why would you want to do that?

1. A chance to pass on the wisdoms you have learned from your garden – on a more personal basis. (One visitor at a time.)
2. Let others see what is possible.
3. Be an inspiration and a reference point for others who might be just starting.
4. You get to know other PSW members more closely – build relationships / friendships

All visits by appointment only!!!





We all know the many wonderful articles, stories and videos that Nev has been putting together for so many years on his website:  
**Under the Choko Tree: Living sustainably in the suburbs.**



# Under The Choko Tree

Living sustainably in the suburbs

By Nevin and Linda Sweeney

## Living sustainably in the suburbs

- Home

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- About Me

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- Join Our Mailing List

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- Why do this?

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- Planning the approach

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- Veggies

---

- Fruit

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- Herbs

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- Food Preserving

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- Energy

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- Water

Search

**Featured**  
Hits: 61793



Next slide please...



*We acknowledge the people of the Gomerrigal-Tongarra clan, the First Peoples of St Clair where Under the Choko Tree is located and we live and work. I respect and acknowledge their Elders, past, present and emerging.*



- Latest Articles**
- 
- Tale of the O-Ring**  
26 November 2025
- 
- Permaculture Principles and the Choko Tree -**



And now, to make it easier to keep up with the goings on at the Choko Tree Nev has decided to develop a mailing list to help keep everyone informed and kept up to date with the latest articles. If you are interested, click on the link below and leave your details.

<https://underthechokotree.eo.page/2tzgp>

If you want to see what you are getting into, here is a link directly to the Choko Tree website!



[Living sustainably in the suburbs](#)

**Under The Choko Tree**

Living sustainably in the suburbs

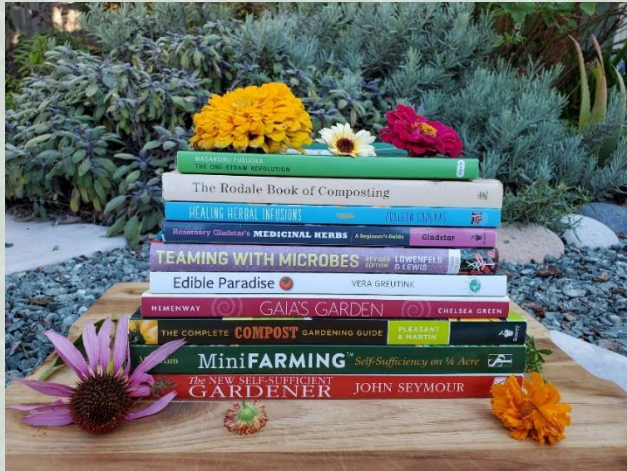
By Nevin and Linda Sweeney





# PSW Library

You can check out books from the PSW library online.



They will be ready for you at the following Monday meeting 😊

# Recycle Table



We still need someone to become our librarian!!

We always have lots of pre-loved, still useful stuff here 😊

# PSW Suppertime



Contributions to the supper table are always welcome 😊

We provide the tea and coffee.  
If you bring the mug!



The solution to the economic crisis  
and finding livelihoods...

# "Start a garden.

Agriculture and food is an area  
where everyone can begin today. That  
is why the garden is so important. It  
teaches us that there's something we're  
all capable of doing."

-Vandana Shiva



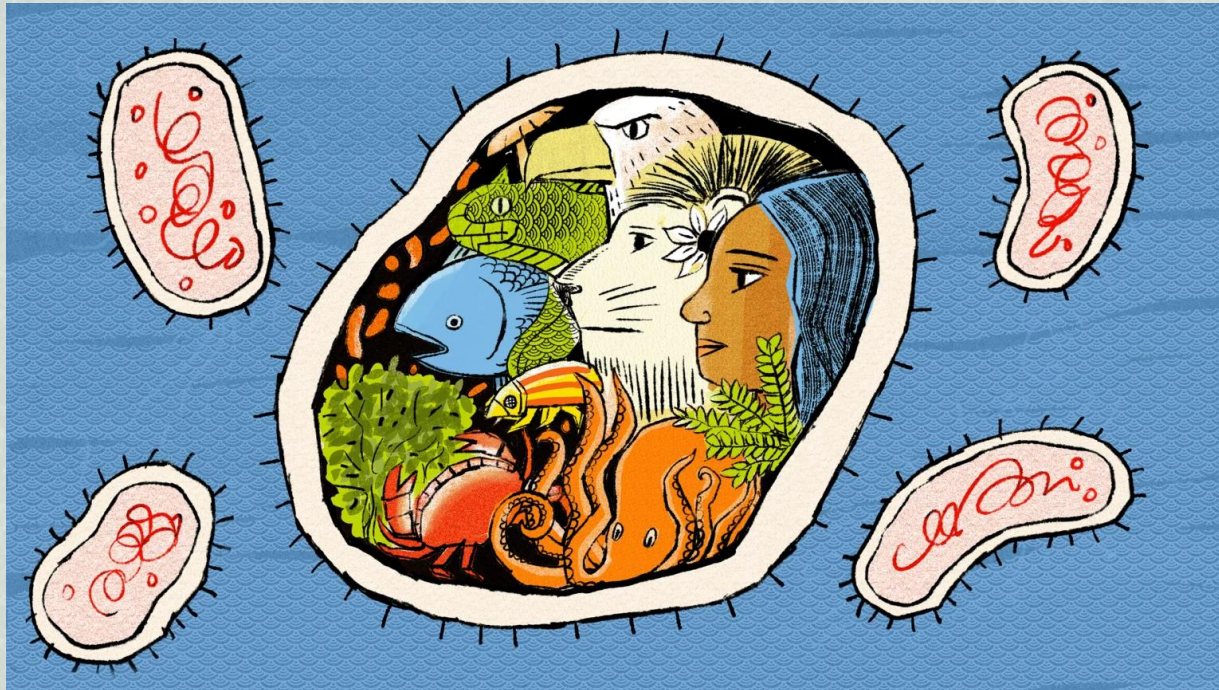
Look up this wonderfully inspiring lady.  
Lots of youtube from her!



# And we tuned in to some Good News from around the world.

(News article link below)

## All Life on Earth Today Descended From a Single Cell. Meet LUCA.



**LUCA**, the “last universal common ancestor.” This ancient, single-celled organism (or, possibly, population of single-celled organisms) was the progenitor of every varied form that makes a life for itself on our planet today.

It’s the **most recent ancestor shared by all modern life.**

# WaterHaul



Lost, abandoned or discarded fishing gear, that loses its purpose but continues to catch and kill marine life, also known as 'Ghost Gear', is the most harmful, abundant and strongest form of ocean plastic.

Waterhaul is a Cornish social-enterprise tackling the problem of ghost gear and creating a complete end-of-life recycling solution for fishing gear, ropes and marine plastics in the UK.

By recovering, recycling and redesigning end-of-life fishing gear, we transform it into a valuable resource, and through giving worth to this 'waste' we can incentivize both the recovery and prevention of marine plastic pollution.

# 5 Agri-Environmental Strategies that Prevent Species Loss



Prairie Strips



Replace tilling with cover crops



Integrated Pest Management



Regenerative Grazing



Conservation Easements

# Three National Organizations Unite to Supercharge Community Food Growing in 2026

<https://permacultureaustralia.org.au/media-release-three-national-organisations-unite-to-supercharge-community-food-growing-in-2026/>



**Community Gardens Australia, Grow It Local, and Permaculture Australia** have announced an exciting national partnership to deliver the 2026 *Community Growing Conference* series — a powerful collaboration set to provide a major boost to food growing communities across Australia.

These conferences will equip communities with the practical skills, governance knowledge, partnerships and confidence needed to grow thriving local food systems. From soil health and seed saving to volunteer leadership, governance, inclusion and climate resilience, the 2026 program will provide tangible tools to strengthen gardens at every stage of development.

# City of Parramatta

## Community Advisory Panels

<https://www.cityofparramatta.nsw.gov.au/council/council-meetings-committees/advisory-panels>



Council has nine (9) Advisory Panels which meet quarterly and provide valuable insights and recommendations on various matters.

Council's Advisory Panels facilitate the sound functioning of the Council by bringing together a mix of skills and representing the diversity within and interests of the community.

The Advisory Panels provide input into policy development, planning, and advice to the Council across all areas where there is likely to be an impact.

They also promote increased knowledge and understanding of specific issues, which helps in making informed decisions.

**Waste,  
Circular  
economy,  
Tree cover**

### Environmental Sustainability Advisory Panel

#### Councillor Members

Councillor Darley (CHAIRPERSON)  
Councillor Dr Greenwood (DEPUTY CHAIRPERSON)  
All other Councillors are Ex-officio members of this Advisory Panel

#### Community Members

1. Greg Meyer
2. Reuben Schwarz
3. Allen Shi
4. Tara Seuberlich
5. Winton Evers
6. Jennifer O'Meara